

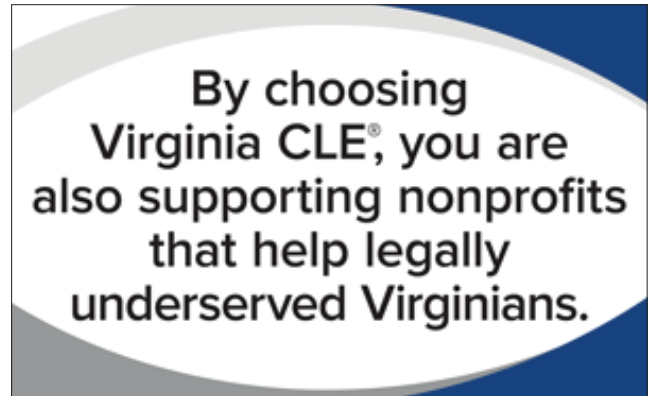


Welcome to The Brief

Welcome to the latest issue of *The Brief*, our newsletter designed to keep you updated on what's happening at *your* Virginia Law Foundation.

Here are a few things you might have missed:

- **Online Bundle Sale!** Satisfy ALL your MCLE requirements and save up to 60% on live interactive webcasts and on-demand online seminars, without the need to travel anywhere!
PS: Our 12-Credit Online Bundle is our best deal – [Buy now before our discounted price changes from \\$369 to \\$429 on September 1.](#)



- Virginia CLE is now happy to offer a **free seven-day trial of our [fully searchable Online Publications Library, with links to primary law.](#)** Visit our website to learn more or email publications@vacle.org to start your trial.
- **Our next online Experience Philanthropy event**, an Encore CLE on Law Firm Technology and Ethics, followed by an Online Benefit Concert featuring Josh Kear, is **tonight, Thursday, August 27, at 6:00 p.m. ET. Four-time Grammy winner Josh Kear** is best known for writing Lady A's "[Need You Now](#)" as well as Carrie Underwood's "Before He Cheats" and "Blown Away."
[Share the concert with your entire household!](#) Two Options/New Low Price: Encore CLE plus Concert \$65; Concert only \$10.
- **Featured Story:** It's that time of year – The Virginia Law Foundation is pleased to announce our 2020 grant recipients. The Grants Committee of the Virginia Law Foundation chose to award more than \$500,000 to 24 legal nonprofits. Learn more and see the full list of recipients in the article below.



Enjoy this issue of *The Brief* and thank you for supporting *your* Virginia Law Foundation.

Fellows Spotlight:

Introducing Two Fellows from the Class of 2020

Katherine Cabell Londos is a Partner/Principal at Frith Anderson & Peake, concentrating on the defense of healthcare facilities and providers, and governmental employees and entities in civil tort litigation. She received her B.A. from Denison University and her J.D. from Washington and Lee University. Katherine has served on the Board of Directors of the Virginia Association of Defense Attorneys and is currently on the Committee on Federal Judgeships for the Western District of Virginia.



Paul M. Mahoney is a retired Roanoke County attorney. He is the current Chairman of the Member One Federal Credit Union Board of Directors, a board member of the Roanoke County Board of Supervisors, a member of the Salem-Roanoke County Bar Association, and a member of Roanoke Valley-Alleghany Regional Comprehensive Economic Development Strategy Commission (CEDS). He received his B.A. from the College of the Holy Cross and his J.D. from Georgetown University.



Learn more about the 2020 Fellows Class on [our website](#).

Virginia Law Foundation Grant Recipient, Virginia Judges & Lawyers Assistance Program, to Present Fall (Virtual) Retreat September 17-18

Wellness is a priority for the Virginia Bar, and many organizations have come together to support the effort to prioritize wellness, work/life balance, and emotional health. This year, the Virginia Law Foundation is working with grant recipient Virginia Judges and Lawyers Assistance Program (VJLAP, formerly Lawyers Helping Lawyers) to bring the 16th Annual Fall Retreat to the legal community on September 17 and 18. Normally in-person, this restorative retreat will transition to live online conferencing via an internet-based platform.

Going fully virtual means more registrants can participate in this free event. "It has been my pleasure and honor to work alongside the dedicated professionals at VJLAP and the Supreme Court of Virginia on matters of wellness for the profession," remarked the event's moderator, Tracy Winn Banks of the Virginia Law Foundation. "I hope many take some time to join us virtually for this year's retreat, as being part of the discussion as a community could not be any easier, given this format."

Continued

16th Annual



Virginia
JUDGES & LAWYERS
Assistance Program

Fall (Virtual) Retreat

The event's organizer and spokesperson for VJLAP, Janet Van Cuyk, confirms the rates of addiction, anxiety, depression, substance use disorders, burnout, and suicide are higher in the legal profession due to the unique occupational risks and stressors. Compared to other professions, attorneys are two times more likely to struggle with substance use, and one in three lawyers will suffer from a mental health crisis at some point in their careers, says Van Cuyk. "These problems, when unaddressed, can impact an attorney's competence and could result in violations of an attorney's ethical obligations."

Margaret H. Ogden, the Supreme Court of Virginia's Wellness Coordinator, said the pandemic has provided "a unique opportunity for honest self-assessment, reflection, and growth in our professional and personal lives, and the virtual Fall Retreat will help attendees make the most of this difficult time through evidence-based practice pointers for individuals and legal organizations."

The virtual Fall Retreat consists of six one-hour sessions, and participants can attend either one or all of the sessions. CLE credit is pending. **The event is free, but registration is needed to reserve a spot. [Sign up for the virtual retreat here.](#)**

Featured Story: 2020 Grant Recipients Announced

The Virginia Law Foundation Awards More Than \$500,000 in 2020 Grants to Law-Related Projects in the Commonwealth

The Virginia Law Foundation is proud to announce its 2020 grant recipients! Each year since 1984, the foundation has awarded grants to initiatives and not-for-profit entities throughout the Commonwealth of Virginia which align with and advance our three-pronged mission:

- To offer improved access to legal assistance for the underserved, either directly or by facilitating the coordination of integrated networks of competent, affordable legal representation;
- To cultivate an appreciation and understanding of the Rule of Law in society as a foundation of peace, stability, and prosperity;
- To provide education in support of these ideals.

Virginia Law Foundation grants help fund a variety of projects and organizations, including legal aid nonprofits, continuing legal education conferences, medical-legal partnerships, and public service internships for law students. While the majority of this year's recipients has received funding in previous years, this year has become even more crucial, as the current unprecedented pandemic directly affects our grantees' clientele, as well as some donors' ability to give, according to Executive Director Ray White.



Continued

John McGavin, chairperson of the Virginia Law Foundation's grants committee, stressed the importance of this program. "In addition to the regular challenges we face, many of our friends and neighbors are having a very hard time due to the coronavirus. Now, more than ever, the Virginia Law Foundation has been a generous benefactor to support the Rule of Law, access to justice, and legal education," McGavin stated, continuing, "We celebrate the work of the grant recipients who are contributing so much to our community. Our partnership with these organizations helps make our state a better place to live for all of our citizens."

Below is the list of projects and recipients of the 2020 Virginia Law Foundation grants:

- 2020-2021 We The People, Virginia Civics Education — \$15,300
- "Best Practices" Pro Bono Program, Charlottesville Albemarle Bar Association — \$25,000
- Capital Defense Workshop, Virginia Bar Association — \$35,000
- Children's Program, AYUDA — \$10,000
- Civil Legal Assistance to Low-Income Seniors, Blue Ridge Legal Services — \$25,000
- Eviction Diversion Program, Greater Richmond Bar Foundation — \$35,000
- Hill Tucker Pre-Law Institute, Virginia State Bar — \$15,000
- Immigration Legal Services Program, Northern Virginia Family Service — \$20,000
- Jazz4Justice — \$5,000
- Justice for Human Trafficking Victims, Virginia Beach Justice Initiative — \$40,000
- Justice in the Classroom Program, John Marshall Foundation — \$24,050
- Northern Virginia Pro Bono Law Center, Law Foundation — \$25,000
- Project for Empowerment of Survivors, Virginia Sexual & Domestic Violence Action Alliance — \$25,000
- Providing Access to Legal Services for Cancer Patients, CancerLINC — \$10,000
- Public Service Summer Internship Program, Virginia Law Schools — \$50,000
- Rule of Law Day, Virginia Holocaust Museum — \$4,800
- Rule of Law Project, Center For Teaching The Rule of Law — \$10,000
- Rural Immigration Legal Services Program, Just Neighbors — \$30,000
- Southwest Virginia Training Initiative, Southwest Virginia Legal Aid Society — \$15,000
- Statewide Legal Aid Conference, Virginia Poverty Law Center — \$26,175
- Uncontested Divorce Toolbox for Pro Bono Lawyers, Virginia Legal Aid Society — \$30,000
- Virginia High School Mock Trial, Virginia Law-Related Education Institute — \$20,000
- Virginia Justice Program, Capital Area Immigrants' Rights Coalition — \$30,000
- VJLAP Wellness Conference, Virginia Judges and Lawyers Assistance Program — \$10,000

To learn more about our grant recipients and their projects, [click here](#). If you'd like to support our annual grants to not-for-profit organizations that share our vision, please consider donating [via our website](#). Checks may be sent to our address at 105 Whitewood Rd., Charlottesville, VA, 22901.

CLE Spotlight

By choosing Virginia CLE[®], you are also supporting nonprofits that help legally underserved Virginians.

Upcoming Seminars

August 27: [Law Firm Technology and Ethics Online CLE, Plus a Special Online Benefit Concert Featuring Grammy-Winning Songwriter Josh Kear](#)

September 1, 22: [Preventing Nightmares: Preserving Issues and Avoiding Waiver at Trial](#)

September 2: [Larry Pozner on Cross-Examination](#)

September 3: [Essentials of Trucking Accidents in Virginia](#)

September 8: [Planning with Digital Assets](#)

September 8: [Essentials of Federal and Virginia Disability Law](#)

September 9: [Attacking the Liar's Best Lies: "I Don't Remember" and "I Do Remember," featuring Robert Musante](#)

September 10: [29th Annual Advanced Elder Law Update Seminar](#)

September 11: [35th Annual Mid-Atlantic Institute on Bankruptcy and Reorganization Practice 2020](#)

September 15, October 8: [Essentials of Landlord-Tenant Law](#)

September 15, October 30: [9th Annual Avoiding Legal Malpractice Seminar 2020](#)

September 16: [5th Annual Federal Government Contracting Seminar 2020](#)

September 17, October 8: [Neighbor Law](#)

September 17, 29: [What's New at the Virginia Supreme Court? An Overview of Recent Civil Decisions 2020](#)

September 18: [32nd Annual Intellectual Property Section Seminar 2020](#)

September 22, October 6: [Essentials of Using Experts](#)

September 23, October 5: [Evidentiary OBJECTION! Making and Responding to Pretrial and Trial Objections](#)

September 24-25: [The Conner-Zaritsky 41st Annual Advanced Estate Planning and Administration Seminar](#)

September 30, October 21: [Representing Workers in Wage Claims](#)

September 30, October 21, December 1: [Ethical and Effective Advocacy in Mediation](#)

October 1: [DUI Defense in Virginia](#)

[View all upcoming seminars](#)

Trending Online Seminars

[46th Annual Recent Developments in the Law 2020: News from the Courts and General Assembly](#) *(Individual sessions available)*

[36th Annual Advanced Family Law 2020](#) *(Individual sessions available)*

[38th Annual Real Estate Practice 2020](#)

[50th Annual Criminal Law Seminar 2020](#) *(Individual sessions available)*

[Best Practices in Civil Discovery in Federal and Virginia State Courts](#)

[View All Online Seminars, Available 24/7 On Demand.](#)

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With your help, we can go further than ever toward making sure every Virginian has meaningful access to justice. Every dollar of your donation goes directly to our annual grant allocation.



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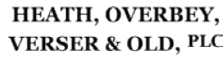
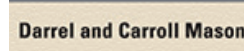
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Through the generosity of the Virginia legal community, the [Virginia Law Foundation](#) has provided **over \$26 million in grants** to support projects throughout the Commonwealth that facilitate access to justice, promote an appreciation and understanding of the Rule of Law, and provide law-related **education in support of these ideals.**

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